



## Sample Menu



	<b>Mon</b>	<b>Tues</b>	<b>Wed</b>	<b>Thurs</b>	<b>Fri</b>	<b>Sat</b>	<b>Sun</b>
<b>Lunch</b>	Shepherd's Pie Chef's Special	Chicken Fricassee Beef in Hot & Sour Sauce	Steak & Onion Pudding Chef's Special	Roast Pork with Honey Apples Chef's Special	Fish & Chips Salmon in Lemon Butter	Creamy Chicken Korma Chef's Special	Roast Pork & Apple Sauce Chef's Special
<b>Vegetarian Choice</b>	Creamy Leek & Potato Pie	Spinach & Ricotta Cheese Pasta	Vegetable & Tomato tart	Celery Apple & Stilton Strudel	Vegetable Pizza	Vegetable & Potato Jalfrezi	Vegetable & Bean Cutlet
<b>Vegetables</b>	New potatoes, seasonal vegetables	Oven cooked potatoes, onions, carrots, broccoli	Sauté potatoes, Cauliflower Mornay, swede	Roast & new potatoes, peas, carrots, onions	Baked beans, seasonal vegetables	Seasonal vegetables, Indian vegetables	Roast & new potatoes, honey parsnips, carrots, broccoli
<b>Dessert</b>	Apricot Pie Fruit Salad	Pineapple upside down cake Cheese & Biscuits	Rhubarb Crumble Fruit salad	Apple Pie Cheese & Biscuits	Sponge & Custard Fruit Salad	Mango & Coconut Tart Cheese & Biscuits	Steamed Chocolate Sponge Fruit Salad
Soup of the Day, Salad Bar, Baked Potatoes, Fresh Fruit, Cheese available every day							
<b>Supper</b>	Pasta Medley Selection of Meat Healthy Options Mixed Salad Citrus Fruit Bavarois	Cajun Style Pork Salsa Crudo Spicy Bean Cake Rice, Sweet Potatoes, Corn on the Cob Mexican Lemon & Lime Pie	Tarragon Chicken Caramelised Onion Cheese Tart Dauphinoise Potatoes Ratatouille Beans English Trifle	Pancakes & Wraps with choice of fillings Thick fries Mixed Salads Dish of the Day Hot Waffles with sauces & toppings	Italian Beef Steak Pasta & Vegetable Stew Tangine of Vegetables & Lentils Courgette Provencal Chocolate Mousse	BBQ Night – Bangers Burgers Curly Fries Onion Rings Grilled Tomatoes Mushrooms Ice Cream Sundae	Choice of 2 roast meats Vegetarian Option Roast & New potatoes, carrots, cabbage, parsnips Fruit Crumble & ice cream